

Total Affective State Scales

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Niculescu AB, Lulow L, Ogden CA, Le-Niculescu H, Salomon DR, Schork NJ, Caligiuri MP, Lohr JB. PhenoChipping of psychotic disorders: a novel approach for deconstructing and quantitating psychiatric phenotypes. *American Journal of Medical Genetics Part B (Neuropsychiatric Genetics)*. 2006. 141(6):653-662.

Simplified Mood Subscale

Simplified Anxiety Subscale

Total Affective State Scales

Simplified Mood Subscale

For each category, mark the scale with a short vertical line where you think you are at right at this moment:

1) Mood

How good is your mood right now? Compare to the worst, most depressed you ever remember feeling in your life, and to the best you ever remember feeling.

[-----]

Worst/Most Depressed

Best/Least Depressed

2) Motivation to do things

How is your motivation, your drive, your determination to go about your daily activities and do the things you have to do right now? Compare to the least motivated you ever remember being, and to the most motivated you ever remember being.

[-----]

Least Motivated

Most Motivated

3) Movement activity

How high is your energy and the amount of moving about that you feel like doing right now? Compare to the least active and energetic you ever remember being, and to the most active and energetic you ever remember being.

[-----]

Least Active/Energetic

Most Active/Energetic

4) Thinking activity

How high is the amount of mental energy and thinking activity going on in your mind right now? Compare to the most slowed down you ever remember your thinking being, and compared to the most alert and fast you ever remember your thinking being.

[-----]

Most Slowed Thinking Ever

Most Alert/Fast Thinking Ever

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Simplified Mood Subscale (cont.)

5) Self-esteem

How much do you respect yourself right now, and feel good about your life, your accomplishments and your future? Compare to the worst you ever remember feeling about yourself, and to the best you ever remember feeling about yourself.

[-----]

Least Respect For Yourself

Most Respect For Yourself

6) Interest in pleasurable activities

How high is your interest to do things that are fun and enjoyable to you right now? Compare to when you had the least interest in doing fun things that you can remember, and to when you had the most interest in doing fun things.

[-----]

Least Interest

Most Interest

7) Appetite

How high is your appetite and desire for food right now? Compare to when you had the least desire for food that you can remember, and to when you had the most desire for food.

[-----]

Least Desire For Food

Most Desire For Food

Total Affective State Scales

Simplified Anxiety Subscale

For each category mark the scale with a short vertical line where you think you are right at this moment:

1) Anxiety

How anxious are you right now? Compare to the best, least anxious you ever remember feeling in your life, and to the worst, most anxious you ever remember feeling

[-----]

Worst/Most Anxious

Best/Least Anxious

2) Uncertainty

How uncertain about things do you feel right now and about what the future holds in store for you? Compare to the best or least uncertain (unsure) you ever remember being, and to the worst or most uncertain (unsure) about things you ever remember being.

[-----]

Worst/Most Uncertain

Best/Least Uncertain

3) Fear

How frightened about things do you feel right now and about what the future holds in store for you? Compare to the best or least frightened you ever remember being, and to the worst most frightened about things you ever remember being.

[-----]

Worst/Most Frightened

Best/Least Frightened

4) Anger

How angry about things do you feel right now and about what the future holds in store for you? Compare to the best or least angry you ever remember being, and to the worst or most angry about things you ever remember being.

[-----]

Worst/Most Angry

Best/Least Angry